

# ADVICE

Words and Music by Linda Arnold

There's a lot of people  
Who like to give advice  
I'm not denying  
That they're trying to be nice  
But if you listen  
You will find  
Those friendly people  
Are wasting your time  
'Cause you're the one  
Who really knows what's best for you  
Oh, yes, you do

A woman's body  
Is a beautiful design  
And giving birth  
Is what nature had in mind

And she will guide us  
If we don't get in her way  
Those fearful people  
Can lead you astray  
It's time we learned  
What our bodies can really do  
All by themselves

Having a baby  
Is a family affair  
That's why my man  
Is going to be there  
In a place where we feel  
Safe and warm  
This little person  
Is going to be born  
It's time to celebrate  
What nature can really do