

# FIND A PEACEFUL THOUGHT

Words and Music by Linda Arnold

It's an old-fashioned word and it's been all around  
Across every ocean, every mountain or town  
Thinking this word is lots of fun to do  
Here is what some children said  
When they thought it through

Peace is a quiet countryside  
Peace is jumping on the moon  
Peace is a little kitten on your lap  
Peace is a happy birthday party  
Peace is fun but sometimes boring  
Peace is shaking hands and stuff like that

Peace is planting flowers on a clear day  
Peace is blowing bubbles  
Peace is when you pray

So find a peaceful thought  
And plant it in your heart  
Maybe then a peaceful world  
Could really start to grow

Peace is a furry Easter bunny  
Peace is when your daddy's funny  
Peace is sleeping with your teddy bear  
Peace is never having homework  
Peace is a yummy chocolate sundae  
Peace is showing someone that you care

Peace is feeling happy  
Peace is feeling free  
Peace is full of magic  
Peace is you and me

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And plant it in your heart  
Maybe then a peaceful world  
Could really start to grow